



LUNCH

OCTOBER 2019

Altmar-Parish-Williamstown Elementary School



PAY FOR MEALS ONLINE

MySchoolBucks.com

Monday

Something new & different
Schoollunchables
Hummus Power Bowls

Pasta & Meatballs **7**
Texas Garlic Toast
Green Beans
Mixed Berries/Fresh Fruit
Milk



Macaroni & Cheese **21**
Texas Garlic Toast
Green Beans
Mixed Berries/Fresh Fruit
Milk

Cheese Lasagna **28**
Texas Garlic Toast
Green Beans
Mixed Berries/Fresh Fruit
Milk

Tuesday

French Toast Sticks **1**
Breakfast Sausage
Hash Browns
Peaches/Fresh Fruit
Milk

Dutch Waffle **8**
Breakfast Sausage
Potato Emoticons
Peaches/Fresh Fruit
Milk

French Toast Sticks **15**
Breakfast Sausage
Hash Browns
Peaches/Fresh Fruit
Milk

Scrambled Eggs & Pancakes **22**
Potato Tots
Peaches/Fresh Fruit
Milk

French Toast Sticks **29**
Breakfast Sausage
Hash Browns
Peaches/Fresh Fruit
Milk

Wednesday

Traveling Taco **2**
Taco Meat/Dorito's Chips
Baked Beans
Strawberries/Fresh Fruit
Milk

Taco Salad **9**
Tortilla Chips
Baked Beans
Strawberries/Fresh Fruit
Milk

Traveling Taco **16**
Taco Meat/Dorito's Chips
Baked Beans
Strawberries/Fresh Fruit
Milk

Taco Salad **23**
Tortilla Chips
Baked Beans
Strawberries/Fresh Fruit
Milk

Traveling Taco **30**
Taco Meat/Dorito's Chips
Baked Beans
Strawberries/Fresh Fruit
Milk

Thursday

Cheese or Pepperoni **3**
Pizza
Broccoli
Fresh Fruit
Milk

Cheesy Bread Sticks **10**
Dipping Sauce
Tossed Salad
Fresh Fruit
Milk

Cheese or Pepperoni **17**
Pizza
Broccoli
Fresh Fruit
Milk

Cheese Pizza Poppers **24**
Dipping Sauce
Tossed Salad
Fresh Fruit
Milk

Cheese or Pepperoni **31**
Pizza
Broccoli
Fresh Fruit
Milk

Friday

Asian Chicken **4**
Egg Roll/Rice
Carrots
Applesauce/Fresh Fruit
Milk

Chicken Patty **11**
On a Bun
Carrots
Applesauce/Fresh Fruit
Milk

Hamburger w/Cheese **18**
On a Bun
Carrots
Applesauce/Fresh Fruit
Milk

Pulled Pork BBQ **25**
On a Bun
Carrots
Applesauce/Fresh Fruit
Milk

Also Offered Every Day

Popcorn Chicken, Turkey Gobbler Sandwich, Fresh House Salad, Yogurt & Cheese, or Peanut Butter & Jelly
Fresh Vegetables offered every Day





BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Mini Maple Pancakes or Cereal w/String Cheese Fresh Fruit and 100% Fruit Juice Low Fat Milk	Pancake Jiffies or Cereal w/Yogurt Fresh Fruit and 100% Fruit Juice Low Fat Milk	Hot Breakfast Sandwich or Cereal w/String Cheese Fresh Fruit and 100% Fruit Juice Low Fat Milk	Pancake Jiffies or Cereal w/Yogurt Fresh Fruit and 100% Fruit Juice Low Fat Milk	Breakfast Pizza or Cereal w/String Cheese Fresh Fruit and 100% Fruit Juice Low Fat Milk

There is no charge for meals to students. The Community Eligibility Provision is in place.

Adult Lunch Price \$4.00 (includes tax)

Milk \$.65

Ice Cream \$.75

Field Trips

Please remember that Food Service offers nutritious bagged lunches - watch for information sent home about upcoming field trips at your child's school. Simply fill out the form and return it to your child's classroom.

Have you ever thought about working for us?

When your children are in school all day, you may have extra time on your hands. Consider working part-time in your local school cafeteria. Most shifts are between 10am and 2pm. Work is Monday through Friday, with all school holidays off. Check out our website or call 315-625-5227 for more information.

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In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the

Basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write

To: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410

Or call (800) 720-6382 (TTY).